

## **Appendix H—Arizona Department of Corrections Fast Track Program**

### **Arizona Department of Corrections**

### **Fast Track Program**

August 14, 2006

#### **INTRODUCTION**

In April 2006, Director Schriro approved a male and female pilot program for 200 minimum custody male inmates at ASPC-Florence / North Unit II and a 200 minimum custody female inmates at ASPC-Perryville / Santa Maria Unit. For the females, it will include all DUI, RTC and “Other” minimum custody Fast Track inmates.

Two Fast Track Workgroups will be established – one for North Unit II and one for Santa Maria Unit. Staff met on a regular basis to discuss the implementation processes, from Initial Intake, needs and discharge planning.

#### **OBJECTIVE**

The primary goal of the Fast Track program is to effectively and efficiently identify inmates for programming and expedited discharge planning who will be serving an incarceration period of six months or less. Once identified, our objective will be to have these inmates undergo an expedient classification, medical, mental health and substance abuse treatment assessment and screening process for identification of basic programming opportunities. Brief, evidence based programs will employ cognitive behavioral strategies that will be provided to the Fast Track inmates, only in a shorter period of time (i.e. Functional literacy/GED, anger management, cultural diversity and domestic violence.) Medical and mental health screening assessments will be used to determine those inmates with physical and/or psychological limitations, medication needs, work assignment limitations and eligibility for programs with agencies such as, ValueOptions and ACCCHS for continuity of care.

#### **PROCESS**

Due to the short incarceration time of Fast Track inmates, brief and basic programming will be available for this population. An initial assessment will be completed at intake by Correctional Officer III staff and Education staff in the following areas: Education needs, substance abuse medical, mental health and classification. The Fast Track facility will finalize the Corrections Plan which will include Cognitive Restructuring and “Pack Your Bags” Discharge planning.

In order to meet our goals and objectives we will begin to outline our assessments into the following priority order, although some of these programs can occur simultaneously.

- (1) Education programming for an inmate will be based on their need for either, GED, Functional Literacy or both. Inmates will be tested to identify those areas of need for tutorial assistance in order for them to obtain and meet education standards.
- (2) Substance abuse education programming and/or substance abuse treatment programming will be based on the inmates need as well. This module is a part of the Texas Christian University (TCU), evidence based program that has cognitive restructuring components integrated throughout each module of the program.
- (3) The final priority for programming is release preparation through the “Pack Your Bags” Discharge Planning. The program components will be increasingly integrated throughout other programming offered in 7x3x3 to help prepare and assists inmates nearing their time to release for reentry back into the community. Inmates will be assessed by the Correctional Officer III in coordination with a Parole Officer in the areas outlined in the “Pack Your Bags/Discharge Planning. The objective is to provide inmates with the necessary “tools” to help them become civil and productive members of the community and to be successful in their integration.

In addition to the basic programs referenced above, the inmate will be required to participate in work assignments. Work assignments will be included for the Fast Track population and will be based on inmate skills, work availability and need.

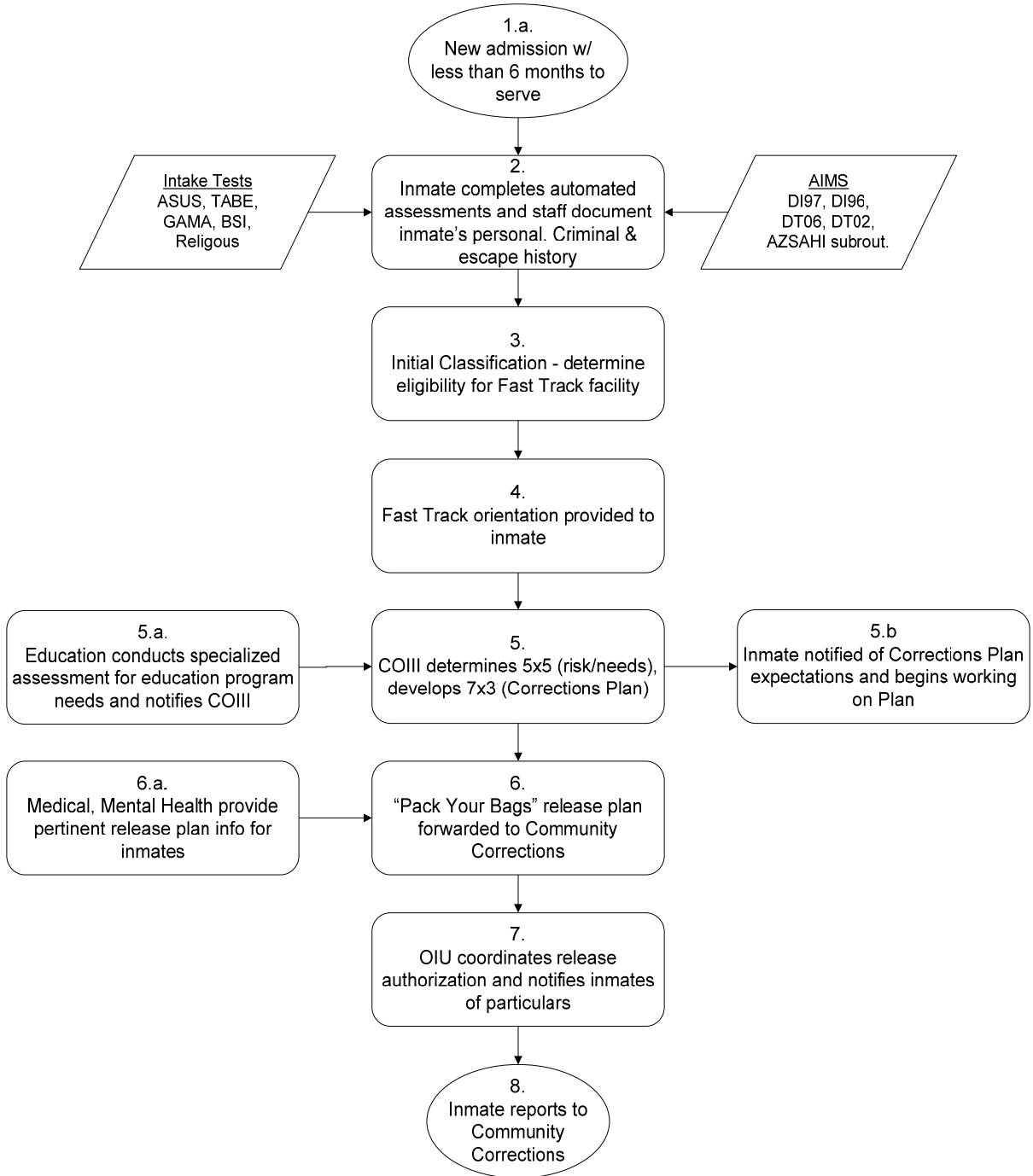
Along with the basic programs will be Self Development/Free Time and Family/Community programming. Each Fast Track unit will offer programs that fall under both categories. In addition, the units will provide Alcoholics Anonymous, Narcotics Anonymous, Cocaine Anonymous, Crystal Meth Anonymous and Religious Services.

## **CONCLUSION**

In order to adequately prepare this population for reentry, we have to first address those needs that contribute to the inmate’s criminality and behavior. We will offer basic programs that will directly contribute to the reduction of recidivism, revocation and relapse.

# ADC Fast Track Placement & Programming

06/06



<b>ARIZONA DEPARTMENT OF CORRECTIONS</b> <b>FAST TRACK CORRECTIONS PLAN</b>									
<b>Inmate Number</b> _____ <b>Inmate Name</b> _____ <b>Loc Code</b> B34 <b>Custody Level: Minimum</b> ____ <b>IR Level: </b> _2 <b>Release Date: 12_ / _20 / _2006</b>									
<b>1. Community Intervention Level</b> <i>Directions: See DI57 screen. Find the inmate's "Community General Risk Level" and mark the appropriate level in the appropriate row (G1-G7). Then view the "Community Violence Risk Level" and mark the appropriate level in the appropriate column (V1-V8). Find the intersecting point and circle the Risk Level (1-5).</i>	<b>Community General Risk Level</b>	<b>Community Violence Risk Level</b>							
	<b>G1</b>	<b>V1</b>	<b>V2</b>	<b>V3</b>	<b>V4</b>	<b>V5</b>	<b>V6</b>	<b>V7</b>	<b>V8</b>
	<b>G2</b>	1	2	2	2	4	5	5	5
	<b>G3</b>	2	2	3	3	4	5	5	5
	<b>G4</b>	4	4	4	4	4	5	5	5
	<b>G5</b>	4	4	4	4	4	5	5	5
	<b>G6</b>	4	4	4	4	4	5	5	5
	<b>G7</b>	4	4	4	4	4	5	5	5
<b>2. Risk Level:</b> <i>If inmate's Risk Level in #1 is 1 or 2 (shaded area above), proceed directly to #4 and enter "None – Risk Lev &lt; 3" in Intervention Strategy column for each program area. If inmate's Risk Level is greater than 2, proceed to #3.</i>									
<b>3. Program Needs</b> <i>Directions: Review the criteria for each program and circle each program area criteria description "No Need" or "Need" as appropriate.</i>	<b>Scoring Criteria</b>								
	<b>Pgm</b>	<b>No Need</b>				<b>Need</b>			
	<b>Education</b>	Time remaining til release < 1 month				TBD by Education staff			
	<b>Substance Abuse Education</b>	Time remaining til release < 2 months				SA referral level (DI83) 1, 2 or 3 & time remaining til release > 2 months			
	<b>Anger Managemnt</b>	Time remaining til release < 1 month				Current violent offense or current violent discipline violation + time remaining til release > 1 month			
	<b>Cognitive Restructring</b>	Time remaining til release < 1 month				Time remaining til release > 1 month			
	<b>Domestic Violence</b>	Time remaining til release < 2 months				Dom Violence conviction & time remaining til release > 2 months			
<b>Cultural Diversity</b>	Time remaining til release < 1 month				Time remaining til release > 1 month				